



Leg NW106

The Leg fits all when it comes to building up strength in your thighs, legs and calves.

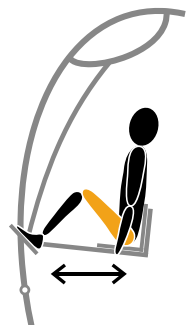
DESIGN FOR ALL

All our fitness stations use your own body weight as resistance and are challenging and effective regardless of fitness level.

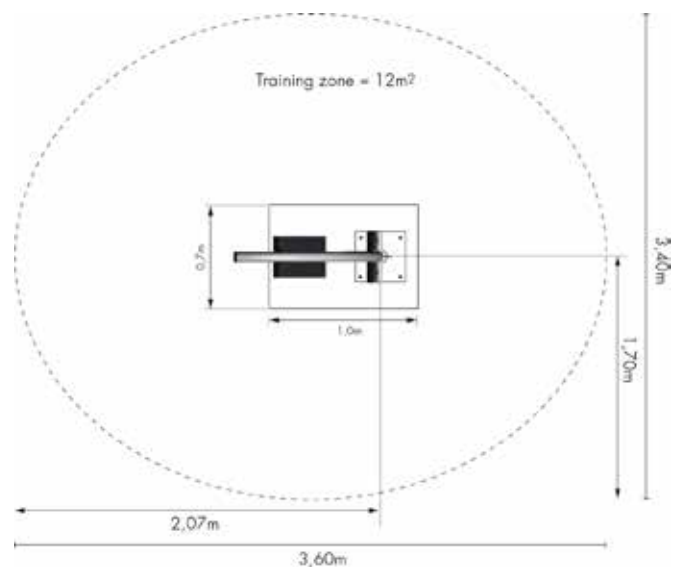
As a result, the exercises can be performed without risk of injuries. The Norwell App and the QR codes on each station inspire to exercise and give full instruction of use.

HERE IS AN EXAMPLE:

Sit back in the seat, look straight ahead. Place your feet on the pads, ensuring contact through the heels. Extend your legs almost fully (never to full extension) – and back again. Perform the exercise in a slow and controlled pace.



POSITION AND TRAINING ZONE:



SAFE DESIGN

The Norwell Outdoor Fitness stations are approved according to test protocol PPP55012 by TÜV SÜD (specially designed for testing outdoor fitness equipment). This protocol is based on parts from EN1176 for commercial playground equipment and EN957 for studio fitness equipment.

3 YEAR WARRANTY

3 years against failure due to material or manufacturing defects on all moving parts, plastic and rubber parts.

10 YEAR WARRANTY

10 years against failure due to material or manufacturing defects on springs, pipes, foundations, welds and bearings. Please contact Norwell A/S for upgrades available for sites within 5 km of saltwater.