

# Stepper NW203

The Stepper develops the leg muscles and improves your cardiovascular functions.



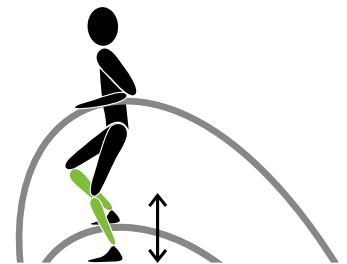
## DESIGN FOR ALL

All our fitness stations use your own body weight as resistance and are challenging and effective regardless of fitness level.

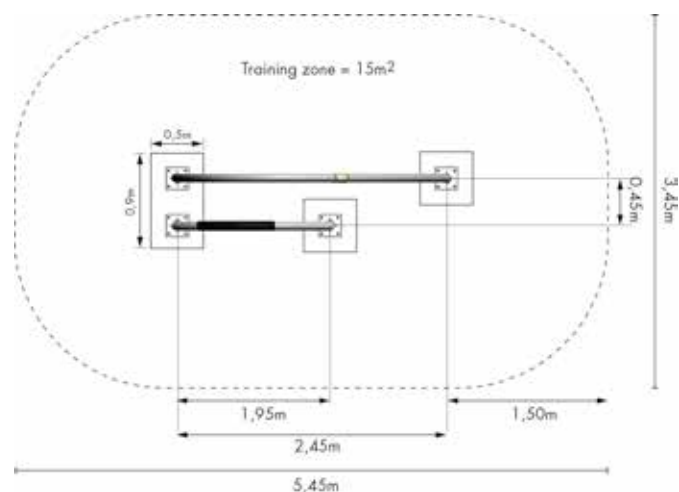
As a result, the exercises can be performed without risk of injuries. The Norwell App and the QR codes on each station inspire to exercise and give full instruction of use.

## HERE IS AN EXAMPLE:

Grab hold of the high Stepper, put one foot on the low Stepper and step up. Step down again and repeat with alternate foot. Perform the exercise in a slow and controlled pace. Make sure to tighten the core and keep the chest high, to ensure a good posture.



## POSITION AND TRAINING ZONE:



### SAFE DESIGN

The Norwell Outdoor Fitness stations are approved according to test protocol PPP55012 by TÜV SÜD (specially designed for testing outdoor fitness equipment). This protocol is based on parts from EN1176 for commercial playground equipment and EN957 for studio fitness equipment.

### 3 YEAR WARRANTY

3 years against failure due to material or manufacturing defects on all moving parts, plastic and rubber parts.

### 10 YEAR WARRANTY

10 years against failure due to material or manufacturing defects on springs, pipes, foundations, welds and bearings. Please contact Norwell A/S for upgrades available for sites within 5 km of saltwater.