

NW207 Triple Jumper



Norwell Triple Jumper can be used for training a variety of muscles. Triple Jumper is originally made for hurdles training but can also be used for strength exercises and stretching.

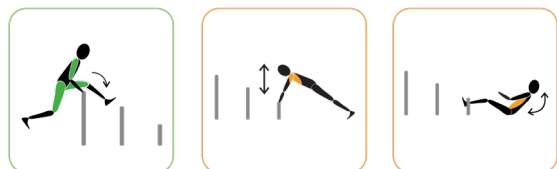
Triple Jumper is one of the stations included in the Norwell Obstacle Course.

HOW TO USE:

Hurdles: Start by standing one meter from the lowest bow, and make your way over the three bows one by one. Use your whole body to get over and activate the needed muscles.

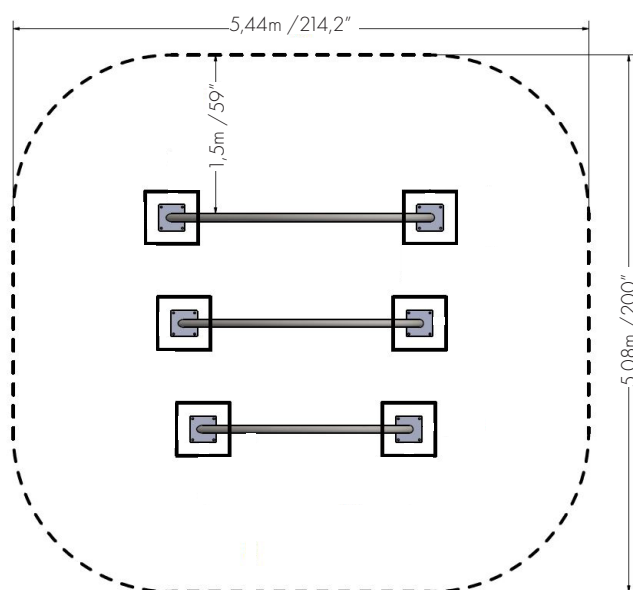
Sit ups: Sit on the ground and place your feet under the lowest bow. Lower your upper body down towards the ground and raise it back up by activating the abdominals.

The Norwell App and the ID-bands, including training instructions and QR codes, on each fitness station inspire to exercise and give full instruction of use.



POSITION AND TRAINING ZONE:

Trainingzone = 25,7m² / 276,6 ft²



DESIGN FOR ALL

All Norwell fitness stations utilize the users own body weight as resistance, therefore the exercises can be performed without risk of injuries. As a result, Norwell fitness stations are challenging and effective regardless of fitness level.

SAFE DESIGN

The Norwell Outdoor Fitness stations are tested and approved by TÜV Product Service GmbH according to DIN79000, EN16630 and AfPS GS 2014:01 PA.

10 YEAR WARRANTY

10 years against failure due to material or manufacturing defects and corrosion breakthrough on pipes, foundations and welds. Please contact us for more information about warranty coverage, and for sites within 5 km of saltwater.

2 YEAR WARRANTY

2 years against failure due to material or manufacturing defects and corrosion breakthrough on all moving parts, plastic and rubber parts.